



GCS International

TAEKWONDO 2021 ALL for CHARITY ONLINE OPEN

14 - 22 AUGUST

Help us to make a Better World



ALL BELTS

Individual U8 - Over 70

Free Style & Para

Family Pair & Team

Sparring - kicking

Hosted by **GCS Int. Portland, USA** and **GCS Int. Victoria, AUS**

The first Online Taekwondo Open event to donate the full proceeds to charity.

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MasTKD

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Dear Global Taekwondo Community,

*This is the first Online Taekwondo Open event to donate the **FULL** proceeds to charity.*

This friendly event is for players from Under 8 years to Over 70 years of age and all skill levels. The event will include Kyorugi kicking, Poomsae, Para-taekwondo, Free Style, as well as Family Poomsae.

*GCS Victoria, AUS chapter and GCS Portland, USA chapter are pleased to announce the very first **2021 GCS ALL for CHARITY Online Taekwondo Open**, it is the perfect chance for all Global Taekwondo communities to show their support to help under privileged and disadvantaged children and families through the GCS (Global Common Society) International NGO to carry on the mission of Goodwill Cooperation Service.*

*Donating or participating in the **2021 GCS ALL for CHARITY Online Taekwondo Open** will demonstrate your kindness and your belief that every child and every person deserves the opportunity to build the best possible life through the practise of sport with a healthy body and a healthy mind.*

We sincerely thank you for your generous support.

GCS International

Ms Linda Pace

President, GCS Int. Victoria, AUS chapter



Ms Selma Li

*President, GCS Int. Portland, USA chapter
GCS International Board of Trustees*



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EVENT:



TAEKWONDO 2021

ALL for CHARITY

ONLINE OPEN

DATES & TIMES:

14th – 22nd August 10:00 AEST (Australian Eastern Standard Time) GMS+10

ORGANIZER:

GCS International Portland, USA & GCS International Victoria, AUS

EMAIL:

gcsngo.org@gmail.com
gcsvic.aus@gmail.com

COMPETITION DIRECTORS:

Ms Selma Li & Ms Linda Pace

COMPETITION CHAIR:

Ms Linda Pace

COMPETITION SYSTEM:

Vaztic

ONLINE REGISTRATION:

gcs.vaztic.com

CLOSING DATE:

3rd August 23:59 AEST

COMPETITION DRAW:

5th August

VIDEO SUBMISSION:

6th August to 11th August 23:59 AEST

PAYMENT:

USD\$65 per entry, extra entries USD\$35 each. (PayPal or WePay are accepted)
Payment is processed during registration. All payments are non-refundable.

FREE registration for **ALL** athletes from (THF) **Taekwondo Humanitarian Foundation**.

DONATION:

USD\$65 US per contribution. No limit.

PARTICIPANT ELIGIBILITY:

This event is open to ALL belt levels (including White belt to Black belt)
The age limits for the division is based on the competitor's birth year.
(Age at 31st December 2021)

AWARDS:

Award Certificates for 1st, 2nd, 3rd & 4th place.
Distribution date - 1st September 2021

MANDATORY:

Only Taekwondo Uniforms are allowed at this competition.
BLACK BELT in Junior (Poom) and Senior (Dan) MUST REGISTER IN THE BLACK BELT Divisions.

RULES:

World Taekwondo and Organising Committee rules will govern this event with emphasis on fairness and traditional martial arts values.

COMPETITION METHOD:

Cut off system will be used in all divisions. No more than 4 competitors in one division. One poomsae per video recording.

JUDGES:

World Taekwondo International Referees will be officiating for all events.

INDIVIDUAL POOMSAE: One Poomsae per Video Recording. All Colour Belt competitors will select **ONE(1)** Poomsae of their choice for Individual Poomsae **according to the table below**. All Black Belt competitors will select **ONE(1)** Poomsae of their choice from Koryo to Hansu.

Division: Individual Male & Female	Colour Belt (Geup)	Poomsae (Taegeuk) (Individual's Choice) (1)	Black Belt (Poom/Dan)	Poomsae (Individual's Choice) (1)
Recognised Under 9 (8 and under)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 11 (9 –11)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised 12 - 14 (12 –14)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised 15 - 17 (15 –17)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 30 (18 - 30)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 40 (31 - 40)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 50 (41 - 50)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 60 (51 - 60)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 65 (61 - 65)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Under 70 (66 - 70)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		
Recognised Over 70 (71 and over)	i) White, 9th, 8th, 7th	Basic (Kibon), T1, T2	All Black Belt	Koryo – Hansu
	ii) 6th, 5th, 4th	T3, T4, T5		
	iii) 3rd, 2nd, 1st	T6, T7, T8		

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SPARRING/KYORUGI KICKING: Minimum 20 seconds and Maximum 30 seconds Sparring/Kyorugi kicking combinations should include the attention and bow at the beginning and end of the sequence. Only Taekwondo techniques used in Sparring/Kyorugi will be permitted. No open handed techniques allowed. Judges will be looking at presentation, precision. Footwork, accuracy, degree of difficulty and guarding positions will all be taken into account. Undertime/Overtime penalty will apply to performances over 30 seconds. (**NO** sparring gear needed).

Division: Individual Male & Female	Colour Belt (Geup)	Kicking	Black Belt (Poom/Dan)	Kicking
Recognised Under 8 (8 and under)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 11 (9 –11)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised 12 - 14 (12 –14)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised 15 - 17 (15 –17)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 30 (18 - 30)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 40 (31 - 40)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 50 (41 - 50)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 60 (51 - 60)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 65 (61 - 65)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Under 70 (66 - 70)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination
Recognised Over 70 (71 and over)	i) <u>White, 9th, 8th, 7th</u> ii) <u>6th, 5th, 4th</u> iii) <u>3rd, 2nd, 1st</u>	20 - 30 seconds Sparring/Kyorugi kicking combination	All Black Belt	20 - 30 seconds Sparring/Kyorugi kicking combination

FAMILY PAIR and TEAM: Pair and Team competitors will select **ONE(1)** Poomsae of their choice from Poomsae Kibon (Basic Pattern) to Hansu. Open to all belt levels and same/mixed gender.

- **Family Pair** division consists of two categories - 1) Same generation and - 2) Two generations.
- **Family Team** division consists of three categories - 1) Same generation and - 2) Two generations and - 3) Three or more generations. There is **NO** age limit or belt level restrictions for Family divisions. **Family teams can consist of 3 or more members.**

Division: Family Pair and Team	Generation	Belt Levels	Poomsae (1)
Family Pair - no age limit (same/mixed gender)	i) Same generation	White Belt to Black Belt	Basic (Kibon) to Hansu
	ii) Two generations		
Family Team - no age limit (same/mixed gender)	i) Same generation	White Belt to Black Belt	Basic (Kibon) to Hansu
	ii) Two generations		
	iii) Three generations or more		

FREE STYLE POOMSAE: Duration of contest from **60** seconds to **100** Seconds. Music without lyrics. Music and choreography shall be the choice of the contestant. Performed techniques must be within the boundary of taekwondo. Music is compulsory.

Division: Free Style Individual	Colour Belt (Geup)	Free Style (1)	Black Belt (Poom/Dan)	Free Style (1)
Free Style Under 11 (11 and under)	White belt - 1st Geup	60-100 seconds	All Black Belt	60-100 seconds
Free Style 12 - 17	White belt - 1st Geup	60-100 seconds	All Black Belt	60-100 seconds
Free Style Under 30 (18 - 30)	White belt - 1st Geup	60-100 seconds	All Black Belt	60-100 seconds
Free Style Over 30 (31 and over)	White belt - 1st Geup	60-100 seconds	All Black Belt	60-100 seconds

PARA POOMSAE: Para Sport Class - **P10** (Visual Impairments). One Poomsae per Video Recording. All competitors will select **ONE(1)** Poomsae of their choice. **P10** free choice of recognised Poomsae, no deductions rules.

Division: Para Poomsae Individual Male & Female	Para Sport Classes (P10s) All Belts	Recognised Poomsae (1)
Para Poomsae Under 15 (15 and under)	i) P11, ii) P12, iii) P13	Free Choice
Para Poomsae Under 30 (16 - 29)	i) P11, ii) P12, iii) P13	Free Choice
Para Poomsae Over 30 (30 and over)	i) P11, ii) P12, iii) P13	Free Choice



PARA POOMSAE: Para Sport Class - **P20** (Intellectually Disability). One Poomsae per Video Recording. All competitors will select **ONE(1)** Poomsae of their choice. **P20** scoring as per WT para Poomsae Rules.

Division: Para Poomsae Individual Male & Female	Para Sport Class (P20) All Belts	Recognised Poomsae (1)
Para Poomsae Under 15 (15 and under)	P20	Free Choice
Para Poomsae Under 30 (16 - 29)	P20	Free Choice
Para Poomsae Over 30 (30 and over)	P20	Free Choice

PARA POOMSAE: Para Sport Class - **P30** (Physical Impairments). One Poomsae per Video Recording. All competitors will select **ONE(1)** Poomsae of their choice. **P30** free choice of recognised Poomsae, no deductions rules.

Division: Para Poomsae Male & Female (Individual)	Para Sport Classes (P30s) All Belts	Recognised Poomsae (1)
Para Poomsae Under 15 (15 and under)	i) P31, ii) P32, iii) P33, iv)P34	Free Choice
Para Poomsae Under 30 (16 - 29)	i) P31, ii) P32, iii) P33, iv)P34	Free Choice
Para Poomsae Over 30 (30 and over)	i) P31, ii) P32, iii) P33, iv)P34	Free Choice

PARA POOMSAE: Para Sport Class - **P50** (Wheelchair Class). One Poomsae per Video Recording. All competitors will select **ONE(1)** Poomsae of their choice. **P50** free choice of recognised Poomsae.

Division: Para Poomsae Individual Male & Female	Para Sport Class (P50) All Belts	Recognised Poomsae (1)
Para Poomsae Under 15 (15 and under)	P50	Free Choice
Para Poomsae Under 30 (16 - 29)	P50	Free Choice
Para Poomsae Over 30 (30 and over)	P50	Free Choice

PARA POOMSAE: Para Sport Class - **P70** (Short Stature). One Poomsae per Video Recording. All competitors will select **ONE(1)** Poomsae of their choice. **P70** free choice of recognised Poomsae.

Division: Para Poomsae Individual Male & Female	Para Sport Classes P70s (White belt - 1st Geup)	Recognised Poomsae (1)	Para Sport Classes P70s (All Black Belts)	Recognised Poomsae (1)
Para Poomsae Under 15 (15 and under)	i) P71, ii) P72	Free Choice	i) P71, ii) P72	Free Choice
Para Poomsae Under 30 (16 - 29)	i) P71, ii) P72	Free Choice	i) P71, ii) P72	Free Choice
Para Poomsae Over 30 (30 and over)	i) P71, ii) P72	Free Choice	i) P71, ii) P72	Free Choice

COMPETITION METHOD: Cut off system of **One(1)** round. Competitors will be in groups of **four (4)** or less depending on the number of entries per division to be selected by random draw on the **5th August** and will be published on the same day at 14:00 AEST. Judging in real time.

ONLINE COMPETITION VIDEO RULES : Competitors should start their Poomsae facing the camera for recording. Please follow the process – **Attention (Cha-ryeot)**, **bow (Kyeong Rye)** and **ready (Joon-bi)** at the beginning and **start (Shi-jak)** performing their Poomsae, when **finished (Ba-ro)** return to ready stance then bow out. [**Attention (Cha-ryeot)**, **bow (Kyeong Rye)**]. During the performance the competitors' full body, head to toe, must be within the camera frame. 0.3 point deduction will be given if any part of the body goes out of frame. See diagram below:



SUBMISSION OF VIDEO RECORDINGS RULES: The performances may be video recorded indoors or outdoors. Videos must be submitted in their raw format with **no editing**. Keep the camera stationary but may rotate it up to 45 degrees left or right if needed. Zooming in and out during performing is not permitted.

Video recording must be set to a sufficient quality to enable referees to best judge the performance.

- **All video recording** must be of **720p 30FPS** (minimum) except for Free Style.
- **Free Style video recording** must be of **1080p 60FPS**.

Religious and political displays are NOT permitted.

COVID SAFE: Competitors must follow and abide to your local and national **COVID-19 safe regulations** for entering this event.

Liability: All participants take part at their own risk. The process of entry and competition is carried out at the competitors' own risk, therefore GCS Int. Victoria, AUS & GCS Int. Portland, USA and its partners/sponsors will not be held responsible for any injuries sustained during recording or competition process.

Hosted by GCS Int. Portland, USA and GCS Int. Victoria, AUS

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