

# 2017 | PAN AMERICAN TKD CHAMPIONSHIPS JUNIOR & CADETS G-2

Costa Rica



August 29, 30 & 31

Hatillo 2 / San José, Costa Rica GIMNASIO BN ARENA

9 th Pan American Junior Kyorugi Championships  
5 th Pan American Junior Poomsae Championships  
3 rd Pan American Cadet Kyorugi Championships

3 rd Pan American Cadet Poomsae Championships  
Pan American Para Taekwondo Kyorugi  
& Poomsae Championships

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# 2017 PAN AMERICAN TAEKWONDO CHAMPIONSHIPS JUNIOR & CADETS

Costa Rica

## Promoter

World Taekwondo Federation  
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## Sanctions

Panamerican Taekwondo Union  
President Grand Master Ji Ho Choi  
4 Brook Lane  
Plainfield, New Jersey 07060, USA  
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## Organizer

COSTA RICA TAEKWONDO FEDERATION  
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Pavas, San Jose.  
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[openrcrc@gmail.com](mailto:openrcrc@gmail.com)

## Venue

BN ARENA, Hatillo 2, San Jose.

**Competition Dates** August 29-31, 2017.



# 2017 PAN AMERICAN TWD CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## General Participation

### Kyorugi Competition

1. Each PATU Member National Association (MNA) may enter NO more than ONE (1) competitor per weight division. The maximum number of competitors per MNA is twenty (20).

10 Official Weight Categories  
x 2 Divisions (Male & Female)  
20 Competitors Maximum per MNA

2. Wild Card Invitation holders from 2016 WTF President's Cup Pan Am region

### Poomsae Competition

1. Each PATU Member National Association (MNA) may enter NO more than ONE (1) competitors for Individual Competitions, and only One (1) team for pair, team and Free style team competitions

2. Wild Card Invitation holders from 2016 WTF President's Cup Pan Am region

## Eligibility

1. Holder of the nationality of the participating team.
2. One recommended by the WTF Member National Association.
3. Holder of the WTF Global Athlete License (GAL) 2017.
4. The cadet Poomsae and Gyoroogi competitors must have been born in the years 2003, 2004, and 2005, while the Junior competitor must have been born in the years 2002, 2001, and 2000. The Passports will serve as proof of age and nationality.



# 2017 PAN AMERICAN TAEKWONDO CHAMPIONSHIPS JUNIOR & CADETS

## Costa Rica

### Team Entries

#### Kyorugi

Cadet		
Position	MALE	FEMALE
Head of Team	1	
Manager	1	
Coach	2	2
Trainer	1	1
Doctor	1	
Athletes	10	10
<b>Total</b>	<b>30</b>	

Junior		
Position	MALE	FEMALE
Head of Team	1	
Manager	1	
Coach	2	2
Trainer	1	1
Doctor	1	
Athletes	10	10
<b>Total</b>	<b>30</b>	

#### Poomsae

Cadet		
Position	MALE	FEMALE
Head of Team	1	
Manager	1	
Coach	1	1
Trainer	1	
Doctor	1	
Athletes Individual	1	1
Pair	2 (1 Male & 1 Female)	
Team	3	3
Freestyle Individual	1	
Freestyle Pair	2 (1 Male & 1 Female)	
Freestyle Mix Team	5 (3 Male and 2 Female or 2 Male and 3 Female)	
<b>Total</b>	<b>24</b>	

Junior		
Position	MALE	FEMALE
Head of Team	1	
Manager	1	
Coach	1	1
Trainer	1	
Doctor	1	
Athletes Individual	1	1
Pair	2 (1 Male & 1 Female)	
Team	3	3
Freestyle Individual	1	
Freestyle Pair	2 (1 Male & 1 Female)	
Freestyle Mix Team	5 (3 Male and 2 Female or 2 Male and 3 Female)	
<b>Total</b>	<b>24</b>	

# 2017 PAN AMERICAN TOD CHAMPIONSHIPS JUNIOR & CADETS

Costa Rica

## Competition Rules

Current WTF Competition Rules for Kyorugi and Poomsae.

## Competition Format

Individual competition. **No athlete** is allowed to participate in more than one (1) weight category.

## System of competition

**Kyorugi:** Single elimination tournament system. The loser to the final will be 2<sup>nd</sup> place. Losers to semifinals will be declared 3<sup>rd</sup> place winners.

### **Kyorugi Contest Time:**

Cadet: 1:30 minutes x 3 rounds with 1 minute break

Junior: 2:00 minutes x 3 rounds with 1 minute break

### **Recognized Poomsae:**

*Cut-off system: For all Junior & Cadet divisions, cut-off system of competition shall comprise the Preliminary, Semi-Final, and Final rounds. All Individual, Pairs and Team divisions will be cut off system.*

**1. Preliminaries:** When 20 or more competitors are participating; competition shall start from the Preliminary round with division of groups at different rings. Competitors shall perform two(2) designated compulsory Poomsae, and half of each group shall advance to Semi-Final based on the highest scores. In the Preliminary round, each group may be judged by different group of judges. If the number of competitors is odd, the number of competitors will be rounded to an even number. Ex) If there are 23 competitors in the division, it will be considered as 24 competitors and 12 shall advance to Semi-Final.

**2. Semi-Final selection:** When 9 to 19 competitors are participating; competition shall start from the Semi-Final round. Competitors shall perform two(2) designated compulsory Poomsae, and 8 of them shall be advanced to Final Round based on the highest scores.



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**3. Final:** When 8 or fewer competitors are participating, competition shall start from the Final Round. Competitors shall perform two(2) designated compulsory Poomsae, and the top four individual competitors/pairs/team shall be awarded prizes based on their total points in the final round. In the case of a tie, competitor with the higher presentation points win. 3rd and 4th places are awarded with bronze medals.

### **Free Style Poomsae:**

Competition shall start from the Final Round, and the top four individual competitors/pairs/team shall be awarded prizes based on their total points in the final round. In the case of a tie, competitor with the higher Accuracy points win. 3rd and 4th places are awarded with bronze medals.

*\* Competitor(s) not allowed to use the same music and routine in the same division. Otherwise "Presentation" (Creativeness and Music & Choreography) will receive very low score.*

### **Awards**

1st place gold medal and certificate  
2nd place silver medal and certificate  
3rd place bronze medal and certificate  
3rd place bronze medal and certificate

### **Special Awards**

Best Male Kyorugi Team (1~3<sup>rd</sup> Place)  
Best Female Kyorugi Team (1~3<sup>rd</sup> Place)  
Best Referee Male Kyorugi Best Referee Female Kyorugi  
Best Coach Male Kyorugi. Best Coach Female Kyorugi.  
Best Male Athlete Kyorugi Best Female Athlete Kyorugi

Best Male Poomsae Team (1~3<sup>rd</sup> Place)  
Best Female Poomsae Team (1~3<sup>rd</sup> Place)  
Best Referee Male Poomsae Best Referee Female Poomsae  
Best Coach Male Poomsae Best Coach Female Poomsae  
Best Male Athlete Poomsae Best Female Athlete Poomsae



# 2017 PAN AMERICAN TTD CHAMPIONSHIPS JUNIOR & CADETS

## Costa Rica

### Cadet Division

Men's division		Women's division	
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg
Under 37kg	Over 33kg & not exceeding 37kg	Under 33kg	Over 29kg & not exceeding 33kg
Under 41kg	Over 37kg & not exceeding 41kg	Under 37kg	Over 33kg & not exceeding 37kg
Under 45kg	Over 41kg & not exceeding 45kg	Under 41kg	Over 37kg & not exceeding 41kg
Under 49kg	Over 45kg & not exceeding 49kg	Under 44kg	Over 41kg & not exceeding 44kg
Under 53kg	Over 49kg & not exceeding 53kg	Under 47kg	Over 44kg & not exceeding 47kg
Under 57kg	Over 53kg & not exceeding 57kg	Under 51kg	Over 47kg & not exceeding 51kg
Under 61kg	Over 57kg & not exceeding 61kg	Under 55kg	Over 51kg & not exceeding 55kg
Under 65kg	Over 61kg & not exceeding 65kg	Under 59kg	Over 55kg & not exceeding 59kg
Over 65kg	Over 65kg	Over 59kg	Over 59kg

### Junior Division

Men's division		Women's division	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

### Poomsae Divisions

Recognized Poomsae Individual (Maximum 1 athlete per country), Pair, Team

Division		Cadet	Junior
Age		12~14	15~17
Individual	Male	1	1
	Female	1	1
Pair	Cadet 12~14		Junior 15~17
	1 team		1 team
Team	1 Male / 1 Female		1 Male / 1 Female



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*Free Style Poomsae: Individual (Maximum 1 athlete per country), Pair, Free Style Team*

Division		Cadet	Junior
Age		12~14 yrs. old	15-17 yrs. old
Individual'	Male	1 athletes Max. per country	1 athletes Max. per country
	Female	1 athletes Max. per country	1 athletes Max. per country
Pair (1 Male + 1 Female)		1 team	1 team
Team (Mixed 5) Min. 2 Male & 2 Female in a team.		1 team (5 + 1 Substitute)	1 team (5 + 1 Substitute)

## Qualification Coaches

*The minimum qualification requirements for coaches are as follows:*

*All coaches must be at least 18 years of age.*

*Holder of 2017 WTF GAL.*

*All Coaches / Trainers must be holders of the 2017 WTF/PATU Coach Seminar Kyorugi and Poomsae*

**PATU Seminar will be held on August 28th.**

**Time 13:00-15:00 hrs.**

**Orosi Conference Room**

## Dress Code Coaches

*On Semifinal and final all coaches are obliged to wear a formal suit. Coaches that do not follow the dress code cannot be entered into the field of play during finals and semifinals.*



# 2017 PAN AMERICAN TOD CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## Team Registration

National team entries will only be accepted through the WTF online registration system and registration is only possible with a valid WTF Global License. National Team GMS Administrator will be notified via email once the online registration is open.

## Deadline

The deadline to register athletes and to submit all relevant documents for 2017 Pan-American Cadet & Junior Taekwondo Championships is set at, August 23rd 2017, 12:00hrs. Costa Rica Local Time  
<https://worldtkd.simplycompete.com/>

## Entry fee

	Early Registration August 23th.	Late Registration August 27th.
Individual (Kyorugi, Poomsae, Freestyle)	\$100.00 USD	\$150.00 USD
Pair (Poomsae, Freestyle)	\$200.00 USD	\$300.00 USD
Team (Poomsae, Freestyle)	\$300.00 USD	\$450.00 USD

Any other additional registration for officials, Head of Team, Director, Coach, or Doctor will be subjected to a fee of USD \$150 per person. No exception.

All teams and athletes must complete their registration through WTF On-line registration system.

Please note that cash payment will be accepted at the Registration/Check-in Desk!!



# 2017 PAN AMERICAN TOD CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## Protector & Scoring System

*The Organizing Committee will provide DAEDO GEN2 trunk protectors and DAEDO E-headgear for Kyorugi Competitions. Each athlete must bring his/her own DAEDO sensor socks.*

*WTF/PATU approved Taekwondo Poomsae Scoring system will be used for all Poomsae competitions.*

## Recognized brands

*Participating contestants are required to wear WTF recognized doboks and WTF-recognized protective equipment. The latest version of WTF-recognized manufacturers list is available at the website of WTF:*

*<http://www.worldtaekwondofederation.net/recognized>*

## Anti-doping regulations

*The WTF Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.*

*Compulsory anti-doping tests will be carried out for all finalists, while random tests will be conducted among the quarter- and semi-finalists who failed to advance to the (semi-) final. The WTF and/or WADA may carry out random out-of-competition testing prior to the PATU Qualification Tournament. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WTF.*



# 2017 PAN AMERICAN TAEKWONDO CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## Indemnities

*It is the responsibility of each Member National Association to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WTF, PATU, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the PATU Pan American Championships any activities linked therewith.*

*It is the responsibility of each Member National Association to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, national teams will not be allowed to compete.*

## Flag / National Anthem

*It is the responsibility of each national team participating to bring the following requisite to be used for the opening, closing and awarded ceremonies:*

*Two National Flags. Specification:*

*A- Size: 90cm X 1.30cm.*

*B- Flags recognized by IOC.*

*A CD or a USB flash drive with the national anthem.*

## International Referees

*The PATU will appoint International Referees from the Pan Am Region. The following conditions shall apply:*

*International Referees are required to pay for their own round-trip airfares to San José de Costa Rica*

*The Organizing Committee shall pay for the expenses for five (5) nights stay of room and board.*

*The Organizing Committee shall pay a per diem of US\$100 for three days of competition and one day of training*



# 2017 PAN AMERICAN TWD CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## Head of Team Meeting

*The Head of Team meeting & Draw of lots shall be carried out by PATU technical officials on Monday August 28th, 2017 at 17:00 hrs. at Orosi Conference Room*

## Weigh-in

*The weigh-in of the athletes takes place one (1) day prior to the start of the respective weight category they compete in. During the weigh-in, the male athlete shall wear underpants and the female athlete shall wear underpants and brassiere. However, the athlete may weigh in nude if he/she wishes to do so.*

*Each athlete shall have one (1) attempt to pass the weigh in. However, one (1) extra attempt is allowed for those athletes who did not qualify the first time. This extra attempt shall be done within the time limit of the official weigh-in.*

## Transportation

*Round trip airfare of the teams shall be borne by the participating Member National Associations.*

*Transportation will be provided for national teams for arrivals and departure from the International Juan Santamaria airport. Teams must provide information on their arrivals and departures, at the latest, by August 25, 2017.*

*The OC will provide transportation services from the hotels to the venue, round-trip, during the period from 28 to 29 of August 2017.*



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## Accommodation

*Each participating team will be responsible for their room and board and meals.*

*The OC will not be responsible for any situation that occurs during the championship, if the participating team, officials and competitors are not staying in official host hotels.*

*Official host hotels: Best Western Irazu & Suites Villas del Rio.*

## Visa

*Countries that need assistance with the visa process should send a request for assistance in the speeding of said process with at least three months of anticipation (during the month of June).*



# 2017 PAN AMERICAN TWD CHAMPIONSHIPS JUNIOR & CADETS

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## SCHEDULE

Date	Time	Event	Place
August 24 - 27	All Day	Arrivals of National Team and Official	Juan Santamaría Airport (SJO)
	10:00 - 18:00	Credential Pick ups & Coaches Seminar Registration	Hotel Best Western Irazu
	08:00 - 20:00	Training area available	Hotel Best Western Irazu
August 28	08:00 - 20:00	Training area available	Hotel Best Western Irazu
	13:00 - 18:00	Meeting & Referee training	Poas Conference Room
	13:00 - 15:00	WTF PATU Coach Permit Seminar	Orosi Conference Room
	17:00 - 19:00	Technical Meeting	Orosi Conference Room
	14:00 - 16:00	First day weigh-in Cadet Male: -65Kg, +65Kg Cadet Female: -59Kg, +59Kg Junior Male: -78Kg, +78Kg Junior Female: -68Kg, +68Kg	Tenorio Lobby

Date	Time	Event	Place
August 29	8:00- 12:00	All Cadets and Junior Poomsae Individual, Pair, Team, Freestyle Cadet Male: -65Kg, +65Kg Cadet Female: -59Kg, +59Kg	BN ARENA
	10:00 - 12:00	Weigh-in Day 2 Cadet Male: - 33 kg., - 41 kg., -49 kg., - 57 kg. Cadet Female: -29kg., - 37 kg., - 44 kg., - 51 kg. Junior Male: -45Kg, -51Kg, -59Kg, -68Kg Junior Female: -42Kg, -46Kg, -52Kg, -59Kg	
	12:00 - 13:00	Opening ceremony	
	13:00 - 14:00	Recess	
	14:00 - 18:00	Competition Resumes Cadet Male: -65Kg, +65Kg Cadet Female: -59Kg, +59Kg Junior Male: -78Kg, +78Kg Junior Female: -68Kg, +68Kg	
		Awarding Ceremony	



# 2017 PAN AMERICAN TWD CHAMPIONSHIPS JUNIOR & CADETS

Costa Rica

## SCHEDULE

Date	Time	Event	Place
August 30	8:00- 12:00	Competition Day 2 Cadet Male: - 33 kg., - 41 kg., -49 kg., - 57 kg. Cadet Female: -29kg., - 37 kg., - 44 kg., - 51 kg.	BN ARENA
	10:00- 12:00	Weigh-in Day 3 Cadet Male: -37kg, -45kg, -53kg, -61kg. Cadet Female: -33kg, -41kg, -47kg, -55kg. Junior Male: -48kg., -55kg., -63kg., -73kg. Junior Female: -44kg., -49kg., -55kg., -63kg.	
	12:00- 13:00	Lunch Break	
	13:00- 18:00	Competition Resumes Junior Male: -45Kg, -51Kg, -59Kg, -68Kg Junior Female: -42Kg, -46Kg, -52Kg, -59Kg	
	18:00	Awarding Ceremony	

Date	Time	Event	Place
August 31	8:00- 12:00	Competition Day 3 Cadet Male: -37kg, -45kg, -53kg, -61kg. Cadet Female: -33kg, -41kg, -47kg, -55kg.	BN ARENA
	12:00- 13:00	Lunch Break	
	13:00- 18:00	Competition Resumes Junior Male: -48kg., -55kg., -63kg., -73kg. Junior Female: -44kg., -49kg., -55kg., -63kg.	
	18:00	Awarding Ceremony	



# 2017 PAN AMERICAN TWD CHAMPIONSHIPS JUNIOR & CADETS Costa Rica

## HOST HOTEL



### HOTEL BEST WESTERN IRAZU

La Uruca, San Jose.  
Frescia Chinchilla Morera / Ejecutiva de Ventas.  
Tel.: +506 2290 2321 ~ Ext. (1228)  
Cel: +506 88479926  
[www.bestwesterncostarica.com](http://www.bestwesterncostarica.com)

#### **English:**

<https://res.windsurfercrs.com/bbe/page2.aspx?pcode=IRAZU&propertyid=2445&nights=1&checkin=08/21/2017&group=Taekwondo2017>

#### **Spanish:**

<https://res.windsurfercrs.com/bbe/page2.aspx?langid=3&pcode=irazu&propertyid=2445&nights=1&checkin=21/08/2017&group=taekwondo2017>



# 2017 PAN AMERICAN TOD CHAMPIONSHIPS JUNIOR & CADETS

Costa Rica

## HOST HOTEL



### **HOTEL VILLAS DEL RÍO**

*Escazu, San Jose.*  
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