

A large, stylized graphic element on the left side of the poster, composed of three overlapping, curved shapes in yellow, pink, and blue, resembling a flame or a Taekwondo symbol.

# 2016 PAN AM SENIOR GYOROOGI & POOMSAE TKD CHAMPIONSHIPS

8 Y 9 de junio

Querétaro, México





# 2016 Pan-American Senior Gyorrogi & Poomsae Championships

## Promotes

**Pan American Taekwondo Union / PATU**

**President: Grad Master Ji Ho Choi**

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Tel: +1 201-694-1986

E-mail: [sg@patu.org](mailto:sg@patu.org)

## Sanctions

**World Taekwondo Federation / WTF**

**President: Dr. Chungwon Choue**

5th Fl., Kolon Bldg 15 Hyoja-ro, Jongno-gu,  
Seoul, Korea, 03044

Tel: +82 2 566 2505 / Fax: +82 2 553 4728

E-mail: [sport@wtf.org](mailto:sport@wtf.org)

## Organizer

**Mexican Taekwondo Federation**

**President: Lic. Juan Manuel Lopez Delgado**

Av. Río Churubusco s/n Ciudad Deportiva pta 9  
Del. Magdalena Mixhuca, Iztacalco. Cp. 08010  
Mexico City.

Tel: +52 55 5803 0114 / +52 55 5654 6794

E-mail: [ri@mextkd.org](mailto:ri@mextkd.org), [marketing@mextkd.org](mailto:marketing@mextkd.org)

## Venue

**Polideportivo, ANAHUAC University.**

Anahuac University, Queretaro.

Calle Universidades I, Km. 7 Fraccion 2

El Marqués, Querétaro, 76246

## Competition Dates

**June 08 and 09, 2016**



## General Participation

### Gyoroogi Competition

1. Each PATU Member National Association (MNA) may enter NO more than ONE (1) competitor per weight division. The maximum number of competitors per MNA is sixteen (16), plus any Wild Card invitation holders. No more than 2 athletes for each weight categories per MNA including the Wild Card invitation holders.

8 Official Weight Categories  
x 2 Divisions (Male & Female)  
16 Competitors Maximum per National Teams

2. Wild Card Invitation holders from 2015 Pan Am University Championships.

### Poomsae Competition

1. Each PATU Member National Association (MNA) may enter NO more than TWO (2) competitors for Individual Competitions, and only One (1) team for pair, team and Free style team competitions

2. Poomsae Wild Card Invitation holders from 2015 Pan Am University Championships.

## Eligibility

1. Holder of the nationality of the participating team.
2. One recommended by the WTF Member National Association.
3. Holder of Taekwondo Dan certificate issued by the Kukkiwon or WTF
4. Holder of the WTF Global Athlete License (GAL) 2016.
5. All athletes participating in 2016 Pan Am Senior **Gyoroogi & Poomsae** Championships must be born on/or before December 31, 1999 (at least 17 yrs. of age).

## Competition Rules

Current WTF Competition Rules for Gyoroogi and Poomsae in force as of May 31, 2016.



### Competition Format

Individual competition. **No athlete** is allowed to participate in more than one (1) weight category for Gyorrogi.

### System of competition

**Gyorrogi:** Single elimination tournament system. The loser of the final will be 2<sup>nd</sup> place. Losers to semifinals will be declared 3<sup>rd</sup> place winners.

**Poomsae:** Cutoff system by following the latest Poomsae competition rules of the WTF & PATU.

### Gyorrogi Contest time

Three (3) rounds of Two (2) minute competitions with 1-minute rest time between each round.

### Awards

1st place – Gold medal and certificate  
2nd place – Silver medal and certificate  
3rd place – Bronze medal and certificate

### Special Awards

Best Male / Female Gyorrogi Referee  
Best Male / Female Gyorrogi Coach  
Best Male / Female Gyorrogi Athlete  
Best Male Gyorrogi Team (1~5<sup>th</sup> Place)  
Best Female Gyorrogi Team (1~5<sup>th</sup> Place)

Best Male / Female Poomsae Referee  
Best Male / Female Poomsae Coach  
Best Male / Female Poomsae Athlete  
Best Male Poomsae Team (1~5<sup>th</sup> Place)  
Best Female Poomsae Team (1~5<sup>th</sup> Place)



## Weight Divisions

### Male:

Under 54 kg: not exceeding 58 kg  
 Under 58 kg: over 54 kg & not exceeding 58 kg  
 Under 63 kg: over 58 kg & not exceeding 63 kg  
 Under 68 kg: over 63 kg & not exceeding 68 kg  
 Under 74 kg: over 68 kg & not exceeding 74 kg  
 Under 80 kg: over 74 kg & not exceeding 80 kg  
 Under 87 kg: over 80 kg & not exceeding 87 kg  
 Over 87 kg: over 87 kg

### Female:

Under 46 kg: not exceeding 46 kg  
 Under 49 kg: over 46 kg & not exceeding 49 kg  
 Under 53 kg: over 49 kg & not exceeding 53 kg  
 Under 57 kg: over 53 kg & not exceeding 57 kg  
 Under 62 kg: over 57 kg & not exceeding 62 kg  
 Under 67 kg: over 62 kg & not exceeding 67 kg  
 Under 73 kg: over 67 kg & not exceeding 73 kg  
 Over 73 kg: over 73 kg

## Poomsae Divisions

### Recognized Poomsae: Individual (Maximum 2 athletes per country), Pair, Team

Division		Cadet	Junior	Under 30	Under 40	Under 50	Under 60	Over 60
Age		12~14	15~17	18~30	31~40	41~50	51~60	61 & up
Individual	Male	n/a	n/a	2	2	2	2	2
	Female	n/a	n/a	2	2	2	2	2
Pair	Cadet 12~14	Junior 15~17		Under 30		Over 30		
		n/a	n/a	1 team		1 team		
Team		n/a	n/a	1 Male / 1 Female		1 Male / 1 Female		



**Free Style Poomsae: Individual (Maximum 2 athletes per country), Pair, Free Style Team**

Division		Under 17	Over 17
Age		12~17 yrs. old	18 yrs. & older
Individual	Male	n/a	2 athletes Max. per country
	Female	n/a	2 athletes Max. per country
Pair (1 Male + 1 Female)		n/a	1 team
Team (Mixed 5) Min. 2 Male & 2 Female in a team.		n/a	1 team (5 + 1 Substitute)

**Coach Qualification**

The qualification requirements for coaches are as follow:

- All coaches must be at least 18 years of age.
- Holder of 2016 WTF GAL.
- All Coaches / Trainers must be holders of the 2016 PATU Coach Certificate. (granted by participation in a PATU Coach Seminar). **Coaches / Trainers that do not have the PATU Coach License shall pay a \$200.00 (USD) one-time participation fee upon check-in at the registration desk for Gyorrogi and Poomsae**

**PATU Coach Seminar will be held on June 07.**

**Time and place to be announced.**

**Coach Fee**

Coach Fees for up to Two (2) Male Team coaches and Two (2) Female team coaches are waived for all coaches who hold 2016 PATU Coach Certificate. **All additional coaches must pay additional coach fees of USD\$200.00 with valid 2016 PATU coach certificate.**



### Coaches Dress Code

During all the competition all coaches are obliged to wear a formal suit. Coaches that do not follow the dress code cannot be entered into the field of play during finals and semifinals.

### Team Registration

National team entries will only be accepted through the WTF online registration system and registration is only possible with a valid WTF Global License. National Team GMS Administrator will be notified via email once the online registration is open.

### Deadline

The deadline to register athletes and to submit all relevant documents for 2016 Pan-American Senior Taekwondo Championships is set at, [May 31<sup>st</sup>, 2016, 21:00hrs. Mexico C. Local Time](#)

### Team Set up

Position	GYORROGI		POOMSAE	
	MALE	FEMALE	MALE	FEMALE
Head of Team	1		1	
Manager	1		1	
Coach	2	2	2	2
Trainer	1	1	1	1
Doctor	1		1	
Psychiatrist	1		1	
Athletes	8	8	25	25
Total	26		60	

### Entry Fees

#### Gyorrogi Competition

- i. **USD\$300.00** per male or female team with 3 or less 3 athletes in a team.
- ii. **USD\$500.00** per male or female team with more than 3 athletes in a team.
- iii. Wild Card Invitees: **USD\$150.00** per Athlete.



### **Recognized Poomsae Competition**

- i. Individual Competition: **USD\$150.00.**
- ii. Pair, Team: **USD\$200.00** per team.

### **Free Style Poomsae Competition**

- i. Individual Competition: **USD\$150.00.**
- ii. Free Style Pair: **USD\$200.00** per team
- iii. Free Style Team: **USD\$300.00** per team.

Please note that **NO** cash payment will be received at the Registration Desk

### **Late Entry Fees**

#### **Gyorrogi Competition**

- i. **USD\$400.00** per male or female team with 3 or less 3 athletes in a team.
- ii. **USD\$800.00** per male or female team with more than 3 athletes in a team.
- iii. Wild Card Invitees: **USD\$200.00** per Athlete.

#### **Recognized Poomsae Competition**

- i. Individual Competition: **USD\$200.00.**
- ii. Pair, Team: **USD\$300.00** per team.

#### **Free Style Poomsae Competition**

- i. Individual Competition: **USD\$200.00.**
- ii. Free Style Pair: **USD\$300.00.** per team.
- iii. Free Style Team: **USD\$500.00** per team.

*All teams and athletes must complete their registration through WTF On-line registration system. All payments can be made via wire transfer to the following bank account.*

**Please note that NO cash payment will be accepted at the Registration/Check-in Desk!!**



### Banking Information for Wire Transfer

BANK; **BANAMEX**  
ACCOUNT HOLDER:  
**FEDERACION MEXICANA DE TAEKWONDO, A.C.**  
ACCOUNT NUMBER. **2305502**  
**SUCURSAL 844**  
**CLABE 002180084423055026**

### Protector & Scoring System

The Organizing Committee will provide *DAEDO* trunk protectors and *DAEDO* E-headgear for Gyorrogi Competitions. Each athlete must bring his/her own *DAEDO* sensor socks.

WTF/PATU approved *Taekwonsoft* Poomsae Scoring system will be used for all Poomsae competitions.

### Recognized brands

Participating contestants are required to wear WTF recognized doboks and WTF-recognized protective equipment. The latest version of WTF-recognized manufacturers' list is available at the website of WTF: <http://www.worldtaekwondofederation.net/recognized>

### Anti-doping regulations

The latest WTF Anti-Doping Rules shall apply to 2016 Pan Am Senior TKD Championships via random test format approved by WTF & WADA.

### Indemnities

It is the responsibility of each Member National Association to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WTF, PATU, FEMEXTKD, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the



course of participation at the PATU Qualification Tournament or any activities linked therewith.

It is the responsibility of each Member National Association to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, national teams will not be allowed to compete.

Please fill out the Personal Indemnity Forms and return them to the Organization Committee before **June 7th, 2016**. Each participant (athletes, team officials, etc.) **MUST** fill out the indemnification form.

### International Referees

PATU shall appoint a total of Forty (40) International Referees from the Pan Am Region. The following conditions shall apply:

- International Referees are required to pay for their own round-trip airfares to Querétaro, México.
- The Organizing Committee shall pay for the expenses for four (4) nights' stay of room and board.
- Check-in: June 6th / Check-out: June 10th
- The Organizing Committee shall pay a per diem of US\$100 to the selected International Referees for competition period (total 2 days; US\$200 per IR).

### Technical Delegate & CSB

PATU will appoint one (1) Technical Delegate and four (4) members of the Competition Supervisory Board.

- The Organizing Committee shall pay for the expenses for five (4) nights' stay of room and board.
- Check-in: June 6<sup>th</sup> / Check-out: June 10th
- The Organizing Committee shall pay a per diem of US\$100 to the selected CSB members for competition period (total 2 days; US\$200 per person).



### Head of Team Meeting

The Head of Team meeting & Draw of lots shall be carried out by PATU technical officials on Wednesday **June 7th, 2016 at 18:00 hrs.** Exact location shall be announced upon national team's check-in.

### Seeding & Draw of Lots

25% of athletes will be seeded according to the latest WTF athlete ranking as of June 1st, 2016. The draw sheets and brackets will be available one (1) day before the start of the competition of the respective weight category.

### Weigh-in

The official weigh-in of the athletes shall take place one (1) day prior to the competition day of respective weight category. The official weigh-in shall be done by international referees appointed by the PATU referee committee.

Each athlete shall have one (1) attempt to pass the weigh in. However, one (1) extra attempt is allowed for those athletes who did not qualify at the first time. This extra attempt shall be done within the time limit of the official weigh-in.

### Transportation

Round trip airfare of the teams shall be borne by the participating Member National Associations.

The Organizing Committee will arrange transportation to the official hotels from and to the airport as well as the local transportation between the official hotels and the venue.



Please fill out the **Flight Schedule Form** and return it to the Organizing Committee before the deadline of **June 1<sup>st</sup>, 2016**.

*To be eligible for receiving transportation from the OC hotels to venue, training areas and accreditation center, National Teams must stay at the Official OC Hotels for their accommodation.*

## Accommodation

Please refer to our Accommodation Guide

## Visa

The Organizing Committee can provide recommendation letters for visa applications. However, MNA's are required to check the Mexican entry visa application waiting times in their own countries and submit requests for recommendation letters ([ri@mextkd.org](mailto:ri@mextkd.org)) to the Organizing Committee if necessary. **The Organizing Committee cannot guarantee entry into Mexico** and can only offer assistance. It is the responsibility of each athlete and MNA to apply for and secure the correct entry visa for Mexico.



## 2016 Pan-American Senior Gyorrogi & Poomsae Championships

### FLIGHT DETAILS FORM

Name of MNA: \_\_\_\_\_

Arrival date and arrival time: \_\_\_\_\_

Airline and Flight number: \_\_\_\_\_

Arrival airport: \_\_\_\_\_

Number of persons arriving (only athletes and team officials): \_\_\_\_\_

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Departure date and departure time: \_\_\_\_\_

Airline and Flight number: \_\_\_\_\_

Departure airport: \_\_\_\_\_

Number of persons departing (only athletes and team officials): \_\_\_\_\_



## 2016 Pan-American Senior Gyorrogi & Poomsae Championships

### VISA ASSISTANCE FORM

**Important:**

Please fill out this form and send it to: [ri@mextkd.org](mailto:ri@mextkd.org) together with **passport copies** of all visa applicants to receive an invitation letter.

**LOCATION of MEXICAN EMBASSY FOR VISA APPLICATION:** \_\_\_\_\_

**Insert name of country:** \_\_\_\_\_

**Family name as shown in passport:** \_\_\_\_\_

**Given name as shown in passport:** \_\_\_\_\_

**Date of birth:** \_\_\_\_\_

**Nationality:** \_\_\_\_\_

**Passport no.:** \_\_\_\_\_

**Passport date of issue:** \_\_\_\_\_

**Passport expiration date:** \_\_\_\_\_

**Name of the Member National Association:** \_\_\_\_\_

\_\_\_\_\_  
Signature of the President:

\_\_\_\_\_  
Stamp of the MNA:

***Please fill out and send this form to the Organizing Committee by  
email no later than May 01, 2016.***



## 2016 Pan-American Senior Gyorrogi & Poomsae Championships

### PERSONAL INDEMNIFICATION FORM

#### Release of Liability

I hereby acknowledge, agree and accept freely and voluntarily the terms of these Championships to be held on June, 8 & 9, 2016 in Queretaro, Mexico. I moreover agree that I am in good health and physically in good shape to compete in this event. I also take into consideration the fact that if by any reason I consider that the conditions of the competition are unsafe, I will immediately stop my participation. I also hereby acknowledge the following:

- 1) Physical activities involve risks, and I find the possibility of suffering a serious injury; including permanent disability, paralysis and death.
- 2) The risks and dangers that may be caused by my own actions or inactions, the actions or inactions of other participants and / or the negligence of the officers or the organizing committee.
- 3) Other risks and social and economic losses not known by me or not foreseeable by me at this time. I fully assume the responsibility, cost and damages that may be incurred as a result of my participation or that of the minor.

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Federation, Pan American Taekwondo Union, the Organizing Committee and the Mexican Taekwondo Federation, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnity" and, collectively, "Indemnities"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorney's fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnities as a direct or indirect result of participating in the 2016 Pan Am Senior Taekwondo Championships in the broadest sense of the word.

I have read this agreement and fully understand its terms so I proceeded to sign this document freely and voluntarily. As a parent of a minor and / or legal guardian, I understand the nature of this sport and the minor's experience and capabilities and that the minor is in good health and in proper physical condition to participate in such activity. I agree not to sue and hereby agree to release and hold each of the above mentioned demands, losses or damages by the minor in question.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

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Name

Signature

Date

**In case the participant is a minor under the age of 18 years old, the legal guardian must sign & submit this form:**

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Name

Signature

Date

Relationship to participating Minor: \_\_\_\_\_