



**PRESENTS**



**15th & 16th November**

**Meadowbank Stadium, Edinburgh, Scotland**

# **ENTRY INFORMATION**



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# *ceud mìle fàilte gu alba*

*(A hundred thousand welcomes  
to Scotland)*





## From the President of the Commonwealth Taekwondo Union



To the CTU Member National Federations

Dear Athletes & Officials,

I am honoured to be able to welcome you to the 6th Commonwealth Taekwondo Championships in Edinburgh, Scotland.

The member nations that come together under the banner of the Commonwealth do so with a great tradition behind them, in many ways. We celebrate sport in a unique way, as we proudly boast our Championships as the 'Friendly Games'. This is especially appropriate in WTF Taekwondo, as we pride ourselves in being part of a worldwide family as well.

I must thank President Dr Choue and the WTF for their continued support of the Commonwealth Taekwondo Union. Of course our hosts, Scotland, are eager to show us what a wonderful country they have and how extra special their hospitality is.

This event promises to bring the best of our athletes together in a celebration of Olympic sport, Poomsae and, for the first time ever in the Commonwealth Championships, Para-Taekwondo.

I very much look forward to seeing you all in Edinburgh

Best wishes,

**Master Adrian Tranter (7th Dan)**

President, Commonwealth Taekwondo Union  
President, British Taekwondo



## From the Chairman of Taekwondo Scotland



Dear Taekwondo Friends,

It is my pleasure to welcome you to Scotland, the home of Taekwondo Scotland, one of the founders of the Commonwealth Taekwondo Union.

Since we founded the CTU in 2003, we have been working towards getting our sport included in the Commonwealth Games. In 2010, we achieved the almost unprecedented success of going straight to being a Category 2 Commonwealth Games Sport. These Championships are part of the campaign to be included in the Games themselves. Our sport has everything that the 'Friendly Games' looks for: an exciting spectacle, fair rules, sportsmanship and equality in everything—gender, class, race or ability.

As evidence of that, we have athletes and officials from all over the globe, from large and small countries, competing and working together as Commonwealth friends. We are especially delighted to be the first to feature para-taekwondo in the Commonwealth Championships, proof that our sport is open to all.

We love Scotland. We pride ourselves on our hospitality and welcome to visitors to our country so I know you will come to love it too.

Yours sincerely,

A handwritten signature in blue ink, reading 'Dr. William Darlington'.

**Dr William Darlington (7th Dan)**

Chairman, Taekwondo Scotland®

Vice-President, British Taekwondo

Secretary-General, Commonwealth Taekwondo Union

# PROMOTER



# PARTNERS



# OFFICIAL SUPPLIER



**1 Promoter: Taekwondo Scotland®**  
Tel. +44(0)141 779 2271; +44(0)789 472 8579  
Email [w.darlington@ctu-taekwondo.org](mailto:w.darlington@ctu-taekwondo.org)

**2 Organiser: Master David Bailey**  
Tel. +44(0)1324 557004; +44(0)7812 580898  
Email [d.bailey@taekwondoscotland.org](mailto:d.bailey@taekwondoscotland.org)

**3 Dates**  
Saturday, 15th November 2014 & Sunday, 16th November 2014

**4 Venue**  
**Meadowbank Sports Centre, London Road, Edinburgh, EH7 6AE**  
Tel. +44(0)131 661 5351  
Email [info.msc@edinburghleisure.co.uk](mailto:info.msc@edinburghleisure.co.uk)

## 5 Qualifications

- (a) All competitors must be citizens or subjects of the Commonwealth Country that enters them.
- (b) Where an athlete was born in a Commonwealth Country that has common citizenship or passport with other Commonwealth Countries, the athlete may represent either the athlete's Commonwealth Country of birth or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.
- (c) An athlete must be a member of and nominated by the relevant Member National Federation that enters them and is recognised by the Commonwealth Taekwondo Union and by their NOC.
- (d) Holder of Kukkiwon Poom or Dan Certificate

*A copy of the Dan or Poom certificate should be enclosed when registering for accreditation. If a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon Web site ([www.kukkiwon.or.kr](http://www.kukkiwon.or.kr)) for more information.*

- (e) **Age Groups**

Group	Age in 2014	Year of Birth
Seniors	at least 17 years old	1997 or before
Junior	15-17 years old	1997, 1998 or 1999
Cadets	12-14 years old	2000, 2001 or 2002

- (f) Holder of the WTF Global Athlete License (GAL) issued by the Member National Federation of the relevant team.

*WTF Global Athlete License (GAL) Rules require all athletes who participate in WTF-promoted championships, except World Para-Taekwondo Championships, must hold a WTF GAL. Entries will not be accepted without a GAL number.*

## 6 Team Officials

Each team may bring the following number of officials:

<b>Head of Team</b>	1
<b>Team Manager</b>	1
<b>Coaches</b>	2
<b>Team Doctor</b>	1

If a team exceeds this number, a charge of £100 per person will be charged before the accreditation card will be issued. This fee should be paid in cash on site to the CTU official in charge.

## 7 Competition Status

- WTF:** To be confirmed  
**CTU:** Official CTU Championships  
**CGF:** Officially sanctioned and sponsored

## 8 Poomsae Rules

### 8.1 Competition Rules & Method

WTF Competition Rules will be used.  
 WTF-recognised poomsae uniform will be worn.

### 8.2 Method of competition

Cut-Off System will be used.

There should be a minimum of eight (8) players, pairs or teams in each category. Each national team can enter up to four (4) players or five (5) in Cadets in the individual categories. Each team can enter two (2) Pairs and two (2) Teams in each category. If a minimum of 8 is not reached, the home MNA (British Taekwondo) will fill up remaining places.

**1st Round** If there are 20 and over competitors in a division then the competition will start in this round. Two assigned compulsory Poomsae will be required to be performed with a one minute rest period in between.

**2nd Round** The top 50% of the competitors with the highest scores from the 1st round will qualify for this 2nd round (including competitors with equal scores).  
 Two assigned compulsory Poomsae will be required to be performed with a one minute rest period in between

**Final Round** The top 8 competitors (with the highest scores) from the 2nd round will qualify for this round. Two assigned compulsory Poomsae will be required to be performed with a one minute rest period in between

**Final** Divisions may start in the final if there are 8 entrants or less. 9 entrants or more will start in the 2nd Round.

**Compulsory Poomsae** All competitors must perform the set Poomsae and if they cannot they will be disqualified.

All compulsory Poomsae shall be drawn, set and announced by the Organising Committee 3 days before the competition.

### 8.3 Divisions (Dan/Poom Grades) (Contestants can only enter a division once)

Individual (Male & Female)			
	Division		Compulsory Poomsae
<b>Cadet</b>	12–14 yr	Born 2000–2002	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang
<b>Junior</b>	15–17 yr	Born 1997–1999	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek
<b>Under 30 yr</b>	18–30 yr	Born 1984–1996	Taegeuk 6, 7, 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
<b>Under 40 yr</b>	31–40 yr	Born 1974–1983	
<b>Under 50 yr</b>	41–50 yr	Born 1964–1973	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
<b>Under 60 yr</b>	51–60 yr	Born 1954–1963	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
<b>Under 65 yr</b>	61–65 yr	Born 1953–1949	
<b>+66 yr</b>	66 yr+	Born 1948 or before	

<b>Pairs (1 Male and 1 Female)</b>			
<b>Division</b>			<b>Compulsory Poomsae</b>
<b>Cadet Pair</b>	12–14 yr	Born 2000–2002	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang
<b>Junior Pair</b>	15–17 yr	Born 1997–1999	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek
<b>1st Pair</b>	18–30 yr	Born 1984–1997	Taegeuk 6, 7, 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
<b>2nd Pair</b>	31 yr+	Born 1983 or before	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

  

<b>Teams (3 Males or 3 Females)</b>			
<b>Division</b>			<b>Compulsory Poomsae</b>
<b>Cadet Team</b>	12–14 yr	Born 2000–2002	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang
<b>Junior Team</b>	15–17 yr	Born 1997–1999	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek
<b>1st Team</b>	18–30 yr	Born 1984–1997	Taegeuk 6,7,8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
<b>2nd Team</b>	31 yr+	Born 1983 or before	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

All compulsory Poomsae shall be drawn, set and announced at the head of team meeting.

## 8.4 Freestyle Poomsae Competition

Freestyle Poomsae is the performance based on Taekwondo techniques with composition of music and choreography.

### 8.4.1 Categories

- (Dan Grades only 12–17 yr & 18 yr +)
- Individual Male
- Individual Female
- Mixed Pairs (one male & one female)

### 8.4.2 Composition of Poomsae

- (1) Yeon-mu line shall be the choice of the competitor.
- (2) Music and choreography shall be the competitor's choice.
- (3) Performance shall be within the boundary line.
- (4) Performance shall be within 60–70 seconds.
- (5) The competitor must submit a plan of their freestyle performance on registration.
- (6) Music shall be supplied by the competitor, in MP3 format, at registration.
- (7) Music track must not contain any explicit lyrics.

## 8.5 Guidelines for Freestyle Poomsae

### 8.5.1 Technical Skills

- (1) Level of difficulty of foot and hand techniques
- (2) Height of jump kicks
- (3) Number of jumping kicks
- (4) Gradient of turn kicks
- (5) Number of consecutive kicks
- (6) Acrobatic actions
- (7) Taekwondo basic accuracy of movements

### 8.5.2 Presentation Creativeness/Harmony

- (1) Expression of energy
- (2) Good music & Choreography

## 8.6 Procedure of Protest

Only the official head coach is allowed to protest to the Competition Director. This must be made within 10 minutes of the end of the contest. A protest fee of £75 will be payable immediately to the competition board. This will be refunded if the protest is accepted and won.

## 8.7 Situations not covered by the Rules

Where any situation arises which is not covered by these rules, it shall be dealt with and decision given by the referee after consultation with the Organising Committee.

# 9 Kyorugi Rules

## 9.1 Method of competition

Single elimination. There should be a minimum of eight (8) players in all weight categories. Each national team can enter up to four (4) players in each division. If a minimum of 8 is not reached, the home MNAs (the National Branches of British Taekwondo) will fill up remaining places.

## 9.2 Competition Rules & Method

WTF Competition Rules and DAEDO-recognised PSS will be used.

Dartfish Video Replay System will be used.

WTF-recognised uniform will be worn.

## 9.3 Time Mode

Single elimination tournament system

2 minutes x 3 rounds with 1 minute break

## 9.4 Weight Categories

WTF Competition weight divisions will apply.

Senior Male		Senior Female	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg & not exceeding 58 kg	Under 49 kg	Over 46 kg & not exceeding 49 kg
Under 63 kg	Over 58 kg & not exceeding 63 kg	Under 53 kg	Over 49 kg & not exceeding 53 kg
Under 68 kg	Over 63 kg & not exceeding 68 kg	Under 57 kg	Over 53 kg & not exceeding 57 kg
Under 74 kg	Over 68 kg & not exceeding 74 kg	Under 62 kg	Over 57 kg & not exceeding 62 kg
Under 80 kg	Over 74 kg & not exceeding 80 kg	Under 67 kg	Over 62 kg & not exceeding 67 kg
Under 87 kg	Over 80 kg & not exceeding 87 kg	Under 73 kg	Over 67 kg & not exceeding 73 kg
Over 87 kg	Over 87 kg	Over 73 kg	Over 73 kg

Junior Male		Junior Female	
Under 45 kg	Not exceeding 45 kg	Under 42 kg	Not exceeding 42 kg
Under 48 kg	Over 45 kg & not exceeding 48 kg	Under 44 kg	Over 42 kg & not exceeding 44 kg
Under 51 kg	Over 48 kg & not exceeding 51 kg	Under 46 kg	Over 44 kg & not exceeding 46 kg
Under 55 kg	Over 51 kg & not exceeding 55 kg	Under 49 kg	Over 46 kg & not exceeding 49 kg
Under 59 kg	Over 55 kg & not exceeding 59 kg	Under 52 kg	Over 49 kg & not exceeding 52 kg
Under 63 kg	Over 59 kg & not exceeding 63 kg	Under 55 kg	Over 52 kg & not exceeding 55 kg
Under 68 kg	Over 63 kg & not exceeding 68 kg	Under 59 kg	Over 55 kg & not exceeding 59 kg
Under 73 kg	Over 68 kg & not exceeding 73 kg	Under 63 kg	Over 59 kg & not exceeding 63 kg
Under 78 kg	Over 73 kg & not exceeding 78 kg	Under 68 kg	Over 63 kg & not exceeding 68 kg
Over 78 kg	Over 78 kg	Over 68 kg	Over 68 kg

Cadet Male		Cadet Female	
Under 33 kg	Not exceeding 33 kg	Under 29 kg	Not exceeding 29 kg
Under 37 kg	Over 33 kg & not exceeding 37 kg	Under 33 kg	Over 29 kg & not exceeding 33 kg
Under 41 kg	Over 37 kg & not exceeding 41 kg	Under 37 kg	Over 33 kg & not exceeding 37 kg
Under 45 kg	Over 41 kg & not exceeding 45 kg	Under 41 kg	Over 37 kg & not exceeding 41 kg
Under 49 kg	Over 45 kg & not exceeding 49 kg	Under 44 kg	Over 41 kg & not exceeding 44 kg
Under 53 kg	Over 49 kg & not exceeding 53 kg	Under 47 kg	Over 44 kg & not exceeding 47 kg
Under 57 kg	Over 53 kg & not exceeding 57 kg	Under 51 kg	Over 47 kg & not exceeding 51 kg
Under 61 kg	Over 57 kg & not exceeding 61 kg	Under 55 kg	Over 51 kg & not exceeding 55 kg
Under 65 kg	Over 61 kg & not exceeding 65 kg	Under 59 kg	Over 55 kg & not exceeding 59 kg
Over 65 kg	Over 65 kg	Over 59 kg	Over 59 kg

## 10 Para-taekwondo Rules

### 10.1 Method of Competition

Each national team may enter as many individual players, pairs or teams in each division as they wish.

### 10.2 Classification

Para-athletes who have not gone through the official classification process or and who have not met the Minimum Disability Criteria (MDC) may compete in the 'Open Class'. Athletes must submit medical documents stating their 'disability' with the application process.

### 10.3 Kyorugi

#### 10.3.1 Classes

<b>K41</b>	A K41 athlete has a bilateral arm amputation or dysmelia through the shoulder joint with a total loss of arm and humerus.
<b>K42</b>	A K42 athlete has a unilateral, through the shoulder amputation or dysmelia, or bilateral above the elbow amputation (2 x AE).
<b>K43</b>	A K43 athlete has a bilateral amputation through or below the elbow. Length of arm measured from the acromion process to the most distal point of the affected limb is equal or shorter in length than the combined length of the humerus and the radius of the unaffected arm. Bilateral dysmelia in with the combined length of the upper limbs measured from acromion to the most distal point of the affected limb is 0.674 x standing height cm. (IPC Athletics manual p.46)
<b>K44</b>	A K44 athlete has an MDC of neurological impairment (CNS, PNS) monoplegia, or bilateral through the wrist or unilateral through the wrist amputation.

#### 10.3.2 Weight divisions

Male		Female	
Under 61 Kg	Not exceeding 61 kg	Under 49 Kg	Not exceeding 49 kg
Under 75 Kg	Over 61 kg a& not exceeding 75 kg	Under 58 Kg	Over 58 kg & not exceeding 58 kg
Over 75 Kg	Over 75 Kg	Over 58 Kg	Over 58 Kg

#### 10.3.3 Number in kyorugi divisions

In the case of insufficient number of athletes in Kyorugi, classes may be combined following decision by Championship Technical Delegate and the CTU Para-taekwondo Director.

## 10.4 Poomsae

### 10.4.1 Classes

<b>P20</b>	Intellectual Disability Athletes with Activity Limitations that result from an Intellectual Impairment. These Athletes are referred to as 'Athletes with Intellectual Impairment'.
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#### 10.4.2 Age categories

- (1) Under 30 years old
- (2) Over 30 years old

#### 10.4.3 Number in poomsae divisions

In the case of insufficient number of participating athletes, Poomsae age divisions may be combined.

## 11 Awards

1st, 2nd and two 3rd places will be awarded. In addition, the following awards will be made:

- Team trophies will be awarded to the top three (3) countries.
- Best male athlete
- Best female athlete
- Best poomsae judge
- Best kyorugi referee

## 12 Venue Rules

Only the competitors and their coaches will be allowed to enter the competition area. Coaches must be at least 18 years old and must wear sportswear and sports shoes. Coaches may not wear taekwondo uniform, sandals, flip-flops, short trousers or headwear while coaching.

## 13 Equipment and clothing

### 13.1 Kyorugi

- WTF-recognised uniform and protective equipment.
- DAEDO-recognised PSS will be provided by the Organising Committee.
- Head, groin, forearm, shin, hand and mouth protectors will be brought by the contestants.
- DAEDO sensor socks will not be provided by the organisation team and must be purchased by each competitor.

### 13.2 Poomsae

- WTF-recognised uniform.

## 14 Entry

### 14.1 Visa Applications

Please complete and stamp the attached Visa Request Information Sheet. Send it with photocopies of the photograph pages of passports to the Organising Committee, at David Bailey, 28 Robert Kay Place, The Inches, Larbert, FK5 4FQ, Scotland. UK, by 17th October.

### 14.2 Registration

All competition entries will be registered on-line, via the following websites.

<b>Kyorugi</b>	MA-Regonline	<a href="http://www.ma-regonline.com">www.ma-regonline.com</a>
<b>Poomsae</b>	TKD-Regonline	<a href="http://www.tkd-regonline.com">www.tkd-regonline.com</a>

### 14.3 Deadline

1st November. Late entries will not be accepted.

### 14.4 Accreditations

Only one (1) competitor (or pair or team in the case of poomsae) and one (1) coach can enter the competition area for both poomsae and kyorugi events.

### 14.5 ID Photographs

Please note that during the registrations at on [www.ma-regonline.com](http://www.ma-regonline.com) you will be asked to upload a valid picture for each coach and competitor.

Photographs should be uploaded as a high quality passport format picture (300 dpi; 236 x 295 pixels) of the full head of the applicant, with white background, in JPEG format, using the name of the applicant and the words 'ID photo' as the file name, e.g., *John Smith ID photo*.

### 14.6 Procedure

Application is valid only once the entry fee has been paid in advance, through the CTU bank account, by the deadline for entries.

## 14.7 Entry Fee Payment

The entry fees are as follows:

Category	Fee
Kyorugi (per competitor)	£60
Individual Poomsae (per competitor)	£60
Poomsae pairs (per pair)	£30
Poomsae teams (per team)	£45

All fees must be paid in pounds sterling (GBP). It is your responsibility to arrange any additional payment for currency or bank charges. If there are any additional charges on the account of the Commonwealth Taekwondo Union then they should be paid in cash at registration.

Each National Federation must make all payments: personal individual payments are not accepted. Entry fees must be paid in advance to the following bank account:

<b>Bank</b>	HSBC
<b>Account Name</b>	British Taekwondo Control Board (WTF) Ltd
<b>Account number</b>	44746430
<b>Sort code</b>	40-27-15
<b>Country</b>	United Kingdom
<b>IBAN</b>	GB07MIDL40271544746430
<b>BIC</b>	MIDLGB2105B
<b>Payment reference</b>	2014 Commonwealth Taekwondo Championships.

## 15 Liability

All competitors are considered to participate at their own risk and must complete the Liability Declaration form. The Commonwealth Taekwondo Union and the Organising Committee bear no responsibility for any damages, injuries or losses. The Organising Committee can decide to alter the competition. All contestants must bring their own documents and forms for any medical treatment in the United Kingdom.

## 16 International Referees

The CTU will appoint a total of forty-five (45) International Referees to officiate at the Championships. Nominations forms for referees should be signed by President of the Member National Federation and sent to the CTU Referee Chairman (Brian Tilley) by e-mail to [Brian.tilley@britishtaekwondo.org](mailto:Brian.tilley@britishtaekwondo.org) or by post to Brian Tilley, 20 Jade Walk, Chilton, Ferryhill, County Durham, DL17 0QL, England, UK.

The following conditions shall apply:

- International Referees are required to pay for their own roundtrip airfares.
- All International Referees must be members of the Member National Federation (MNF) that nominates them and must be resident in the country represented by that MNF.
- The Organising Committee shall pay for the expenses for four (4) nights' of room and board. (Check-in: 12th November / Check-out: 17th November.)
- The Organising Committee shall pay a *per diem* of US\$75 to the selected International Referees for competition period (total two days).

## 17 Technical Delegate and Competition Supervisory Board

WTF will appoint one (1) Technical Delegate and CTU will appoint four (4) members of the Competition Supervisory Board who shall oversee 2014 Commonwealth Taekwondo Championships.

The following conditions shall apply:

- The Organising Committee shall pay for the three (3) nights' room and board for the Technical Delegate and CSB members. (Check-in: 13th November / Check-out: 17th November)
- The Organising Committee shall pay the above officials according the CTU-OC contract.

## 18 Medical control

- (a) The WTF Anti-Doping Rules and, where necessary, the Code of the World Anti-Doping Agency, shall apply throughout the competition.
- (b) All finalists and one randomly chosen semi-finalist from each semi-final will be dope-tested. The WTF or WADA may carry out random testing prior to the championships. All participating contestants must submit their latest and most accurate Athlete Location Forms.
- (c) TUE (Therapeutic Use Exemption) Athletes who take any substance or medicine listed in the Prohibited List of the WTF Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) are requested to visit the website of WADA and fill online their TUE applications on ADAMS <http://www.wada-ama.org/en/ADAMS/> and report it to the CTU at [w.darlington@ctu-taekwondo.org](mailto:w.darlington@ctu-taekwondo.org) by 17th October, 2014.

For ADAMS login, please contact National Anti-Doping Organisation (NADO) in your country.

## 19 Head of team meeting & drawing of lots

- (a) The Head of Team meeting and the drawing of lots shall be conducted on Friday 14th November, 2014, in the presence of the CTU officials and the representatives of the participating nations.
- (b) The draw will be conducted electronically by CTU.

## 20 Weigh-in

- (a) Contestants shall be weighed in one day before their scheduled competition day.
- (b) During the weigh-in, male contestants shall wear underpants and female contestants shall wear underpants and brassieres. However, contestants may weigh-in in the nude if they wish.

## 21 Indemnities

- (a) The Member National Federations shall be responsible for ensuring that their participants have completed and signed the official participation forms to indemnify the organisers and CTU, its officials and other contestants from any claims of injuries, losses, fatalities or otherwise arising in the course of participation in these championships or any associated activities.
- (b) The Member National Federations shall be responsible for ensuring that all officials and participants have adequate insurance cover.
- (c) Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

## 22 National flag and anthem

Every participating national team must bring along the following items to be used at the opening, closing and medal ceremonies:

- (a) Two (2) CGF-recognised national flags Size: 90 cm x 130 cm
- (b) CD or DVD of the pertinent IOC- or CGF-recognised national anthem

These Items must be submitted to the Organising Committee at the competition venue.

## 23 Accommodation

### 23.1 Hotel Information

The Organising Committee has organised competitive rates for team hotels. For the reservations, contact [d.bailey@taekwondoscotland.org](mailto:d.bailey@taekwondoscotland.org). Accommodation should be paid for in cash upon arrival of the teams at Registration.

### 23.2 Hotel Reservations & Booking Deadline

Participating teams must submit hotel reservations to [d.bailey@taekwondoscotland.org](mailto:d.bailey@taekwondoscotland.org) by 30th September 2014.

### 23.3 Transportation

Teams who books the proposed hotels through the Organising Committee, will provide free bus transport from the airport or train station to the team hotel and back.

## 24 Timetable

DATE	TIME	LOCATION	ITEM		
Thur. 13th Nov. 2014			Arrival of Teams and Referees		
	13:00–20:00	TBA	Team Registration		
Fri. 14th Nov. 2014			Arrival of Teams		
	10:00–20:00	TBA	Team Registration		
	11:00–20:00	TBA	Team training		
	11:15–13:15	TBA	CTU Executive Council Meeting		
	13:00–16:00	Meadowbank	<b>Weigh-in</b>	<b>Male</b>	<b>Female</b>
			<b>Cadet</b>	33, -37, -45, -49 kg	29, -33, -37 kg
			<b>Junior</b>	51, -55, -59, -63, -68 kg	46, -49, -52, -55, -59 kg
			<b>Senior</b>	-58, -68, -80, -87 kg	-49, -57, -67, +73 kg
			<b>Para</b>	All	All
	14:00–17:00	TBA	Head of Team Meeting & Drawing of Lots		
14:00–18:00	TBA	Referee Meeting & Training			
15:00–16:30	TBA	Press Conference			
21:00–23:00	TBA	Welcome Reception for CTU Officials, Head of Teams and VIP			
Sat. 15th Nov. 2014	9:30–13:30	Meadowbank	<b>Poomsae</b>	Individual Jnr/U40/U60/+65; Pairs Jnr/30+; Teams Jnr/30+; Para	
			<b>Kyorugi</b>	Preliminary matches	
	13:30–14:30	Meadowbank	Lunch Break		
	15:00–17:00	Meadowbank	<b>Weigh-in</b>	<b>Male</b>	<b>Female</b>
			<b>Cadet</b>	-41, -53, -57, -61, -65, +65 kg	-41, -44, -47, -51, -55, -59, +59 kg
			<b>Junior</b>	-45, -48, -73, -78, +78 kg	-42, -44, -63, -68, +68 kg
			<b>Senior</b>	54, -63kg, -74, +87 kg	-46, -53, -62, -73 kg
	16:00–18:30	Meadowbank	<b>Poomsae</b>		
			<b>Kyorugi</b>	Preliminary & Semi Final matches	
	18:30–19:00	Meadowbank	Opening Ceremony		
19:00–21:00	Meadowbank	Finals and Medal Ceremonies			
20:00–21:30	Meadowbank	Press Conferences after every Medal Ceremony with the 4 medallists before Doping Control.			
Sun. 16th Nov. 2014	9:30–13:30	Meadowbank	<b>Poomsae</b>	Individual Cadet/U30/U50/U65; Pairs Cadet/U30; Teams Cadet/U30	
			<b>Kyorugi</b>	Preliminary matches	
	13:30–14:30	Meadowbank	Lunch Break		
	16:00–18:30	Meadowbank	<b>Poomsae</b>		
			<b>Kyorugi</b>	Preliminary & Semi Final matches	
	18:30–19:00	Meadowbank	Venue transition		
19:00–21:00	Meadowbank	Finals and medal Ceremonies			
20:00–21:30	Meadowbank	Press Conferences after every Medal Ceremony with the 4 medallists before Doping Control.			
Mon. 17th Nov. 2014			Departures		

**6th COMMONWEALTH TAEKWONDO CHAMPIONSHIPS**  
**1st COMMONWEALTH PARA-TAEKWONDO CHAMPIONSHIPS**

**Liability Declaration**

**Name**

**Surname**

**Country**

**National Federation**

**Date of birth**


I declare that I participate in the 2014 Commonwealth Taekwondo Championships under the rules and regulations of the official invitation to this tournament.

I take the full personal responsibility for my participation and I understand that all competitors participate at their own risk.

The CTU and the Organising Committee assume no responsibility for any damages, injuries or losses.

All contestants must bring their own documents and forms for any medical treatment in the United Kingdom.

**Date**

**Signature**


**NOTE**

This form must be completed and signed by all individual members of the National Team and sent to the Organising Committee at [d.bailey@taekwondoscotland.org](mailto:d.bailey@taekwondoscotland.org).

# 6th COMMONWEALTH TAEKWONDO CHAMPIONSHIPS 1st COMMONWEALTH PARA-TAEKWONDO CHAMPIONSHIPS

## Travel Schedule of Team

<b>Team</b>	<b>Country</b>	
	<b>National Federation</b>	
	<b>Total Number of Persons</b>	
	<b>Number of Officials</b>	

<b>Arrival</b>	<b>Date</b>	
	<b>Time</b>	
	<b>Flight Number</b>	

<b>Departure</b>	<b>Date</b>	
	<b>Time</b>	
	<b>Flight Number</b>	

### Note

- (1) This document must be returned to the Organising Committee no later than 1st November 2014 to [d.bailey@taekwondoscotland.org](mailto:d.bailey@taekwondoscotland.org) to ensure appropriate transportation arrangements for your team.
- (2) Teams who book their accommodation through the Organising Committee will get free transportation to and from the airport or train and to and from the competition venue.



# 6th COMMONWEALTH TAEKWONDO CHAMPIONSHIPS 1st COMMONWEALTH PARA-TAEKWONDO CHAMPIONSHIPS

## International Referee Nomination Form

### 1 National details

Country	<input type="text"/>
Federation	<input type="text"/>

### 2 Personal Details

Given Name(s)	<input type="text"/>
Surname	<input type="text"/>
Date of birth (DD/MM/YYYY)	<input type="text"/>
Address	<input type="text"/> <input type="text"/> <input type="text"/>
Postal code	<input type="text"/>
E-mail address	<input type="text"/>
Telephone number	<input type="text"/> (Home) <input type="text"/> (Business) <input type="text"/> (Mobile)

### 3 Referee Details

Category	Poomsae	<input type="text"/>	Kyorugi	<input type="text"/>	Both	<input type="text"/>
(Indicate the category in which you wish to participate)						
Poomsae	IR number	<input type="text"/>	IR Class	<input type="text"/>		
Kyorugi	IR number	<input type="text"/>	IR Class	<input type="text"/>		

### 4 Declaration

On behalf of the Member National Federation, I hereby nominate the above-mentioned referee to officiate at the 6th Commonwealth Taekwondo Championships/1st Commonwealth Para-Taekwondo Championships.

Name	<input type="text"/>
Position in Federation	<input type="text"/>
Signature	<input type="text"/>

Return this form to by e-mail to [Brian.tilley@britishtaekwondo.org](mailto:Brian.tilley@britishtaekwondo.org) or by post to Brian Tilley (CTU Referee Chair), 20 Jade Walk, Chilton, Ferryhill, County Durham, DL17 0QL, England, UK.